

# **The Balanced Curriculum:**

## **A Guiding Document for Scheduling and Implementation of the North Carolina Standard Course of Study at the Elementary Level**

<b>CONTENTS</b>	<b>Page</b>
<b>Foreword</b>	<b>1</b>
A message from Howard N. Lee, Chairman, State Board of Education and Michael E. Ward, Superintendent, Public Schools of North Carolina	
<b>Acknowledgments</b>	<b>4</b>
June Atkinson, Director, Division of Instructional Services	
<b>Background and Overview</b>	<b>8</b>
<b>What is a Balanced Curriculum?</b>	<b>11</b>
<b>What a Balanced Curriculum is Not</b>	<b>16</b>
<b>Why Teach a Balanced Curriculum?</b>	<b>21</b>
<b>Questions and Answers: How to Implement a Balanced Curriculum</b>	<b>26</b>
<b>Introduction to Sample Scenarios and Schedules</b>	<b>81</b>
<b>Grade Level Scenarios:</b>	
<b>Pre-Kindergarten</b>	<b>83</b>
<b>Kindergarten</b>	<b>85</b>
<b>First Grade</b>	<b>87</b>
<b>Second Grade</b>	<b>90</b>
<b>Third Grade</b>	<b>93</b>
<b>Fourth Grade</b>	<b>97</b>
<b>Fifth Grade</b>	<b>101</b>